

October 17, 2018

Durability, Resilience and Energy Efficiency: Working Together to Make Sustainable Buildings



Theresa A. Weston, PhD. &
Amy Schmidt, LEED Green Associate

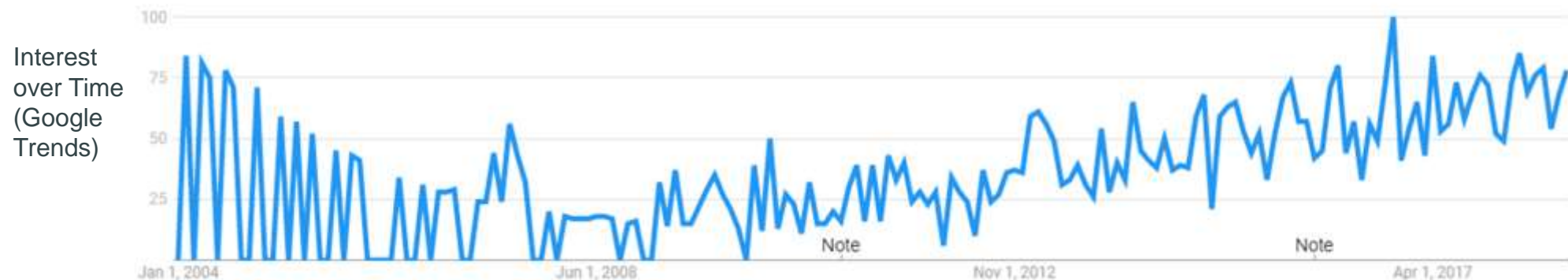
Learning Objectives

- Understand what Resilience is and how it relates to buildings
- Understand how to incorporate resilience into your buildings
- Understand basic building science principles of air, water and thermal management as they pertain to wall systems
- Understand the key material properties which must be assessed when designing wall systems with increased thermal and moisture performance

Resilience

Merriam-Webster definition:

2 : an ability to recover from or adjust easily to misfortune or change



Resilience –the new industry buzz word

Resilience is the New Sustainability

The US Resiliency Council is the nation's leading organization dedicated to helping achieve true community and corporate sustainability through the promotion of resilience based building design.

NIST's resilience research focuses on the impact of multiple hazards on buildings and communities and on post-disaster studies that can provide the technical basis for improved standards, codes and practices used in the design, construction, operation and maintenance of buildings and infrastructure systems.

The Uniqueness of ANCR's Community Resilience Benchmark

- Will provide a practical, easily understood benchmark for assessing cross-function resilience against which a community may measure itself and identify its strengths and weaknesses.
- Will provide a practical and easily understood pathway for action by identifying which standards, ratings, certifications and best practices a community should achieve or adopt to become more resilient.
- Will look at all aspects of the community's resilience – the built infrastructure, the economy and the social fabric – using a "whole community" approach.
- Will Consider the functions (rather than individual systems) that a community must perform to be resilient thereby inherently addressing the interdependency of critical systems.
- Will primarily uses existing standards, ratings, certifications and best practices to create the benchmark.

"The goal of the Community and Regional Resilience Institute (CARRI) is to strengthen any community or region's ability to prepare for, respond to, and rapidly recover from significant human caused or natural disaster with minimal downtime for the community."

Welcome to the RELi Resilience Action List + Credit Catalog. RELi <pronounced *rely*> combines a comprehensive list of resilient design criteria with the latest in proven integrative process for developing next generation communities, neighborhoods, buildings, homes and infrastructure. RELi is a project rating system similar to LEED®, but with added emphasis on resilience. The Credit Catalog includes *new* resilience-based actions (requisites + credits) pioneered for RELi in 2014. RELi also aggregates action items from other sustainable guidelines that support resiliency.

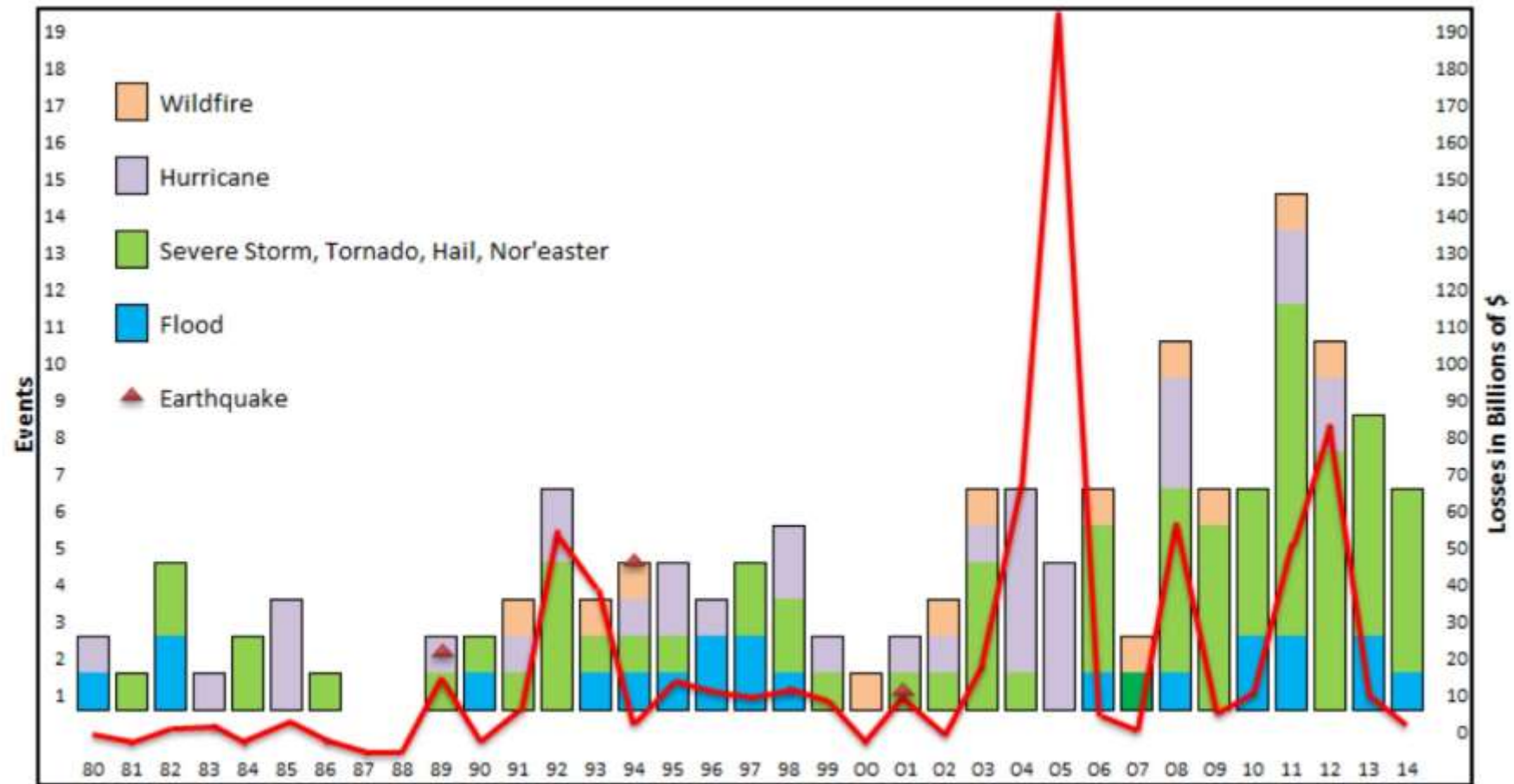
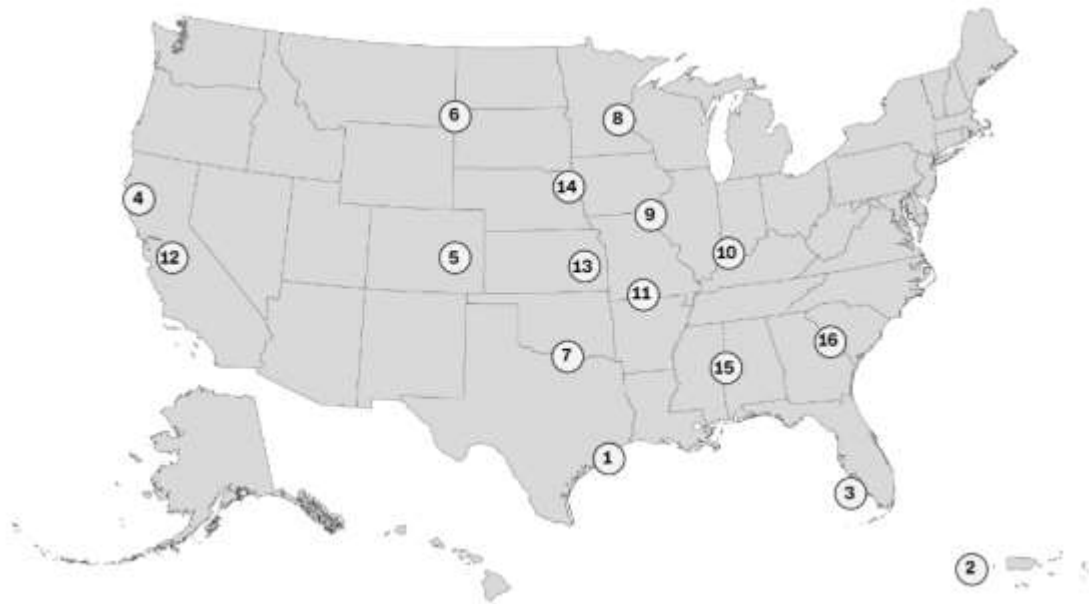


Figure 1: Billion Dollar+ Extreme Weather Events in Frequency and Losses from 1980-2014 (Earthquake Losses Included)⁴

From “Developing Pre-Disaster Resilience Based on Public and Private Incentivization,” National Institute of Building Sciences, October 29, 2015

2017 Disaster Costs



- | | |
|---|--|
| ① \$125B
Hurricane Harvey August 25-31 | ⑨ \$2.1B
Midwest tornado outbreak March 6-8 |
| ② \$90B
Hurricane Maria September 19-21 | ⑩ \$1.8B
Central/Southeast tornado outbreak
February 28 - March 1 |
| ③ \$50B
Hurricane Irma September 6-12 | ⑪ \$1.7B
Missouri and Arkansas flooding and
Central severe weather April 25 - May 7 |
| ④ \$18B
Western wildfires, California
firestorms Summer-Fall | ⑫ \$1.5B
California flooding February 8-22 |
| ⑤ \$3.4B
Colorado hail storm and
Central severe weather May 8-11 | ⑬ \$1.5B
Midwest severe weather June 12-16 |
| ⑥ \$2.5B
North Dakota, South Dakota and
Montana drought Spring-Fall | ⑭ \$1.4B
Midwest severe weather June 27-29 |
| ⑦ \$2.6B
South/Southeast severe weather March 26-28 | ⑮ \$1.1B
Southern tornado outbreak and
Western storms January 20-22 |
| ⑧ \$2.4B
Minnesota hail storm and Upper
Midwest severe weather June 9-11 | ⑯ \$1B
Southeast freeze March 14-16 |

Ref: *US shatters record for disaster costs in 2017* by Brandon Miller, CNN Meteorologist, Updated 12:06 PM ET, Mon January 8, 2018

Buildings are only one piece of resilience

Necessary Community Functions/Infrastructure:

- **Buildings**
- Business
- Communications
- Communication Infrastructure
- Culture & Recreation
- Education & Training
- Energy
- Finance
- Governance
- Local Government
- Natural Environment
- Neighborhoods
- Health Care
- Public Safety & Security
- Solid Waste
- Transportation
- Water

If one link is broken
the community will
not function properly.



An Ounce of Prevention is Worth a Pound of Cure.

~ Benjamin Franklin

He was referring to the inadequacies of fire safety. This led to efforts to become more resilient. As a result the Philadelphia Union Fire Company was formed. The led efforts to educate the public about fire safety and improved fire fighting techniques.

<https://www.ag.ndsu.edu/news/columns/beeftalk/beeftalk-an-ounce-of-prevention-is-worth-a-pound-of-cure/>

Modern Building Code Adoption is recognized as an essential criteria for achieving Resilience.

FEMA analysis from 2014 estimated approximately \$500 million in annualized loss avoided in eight southeastern states due to the adoption of modern building codes.

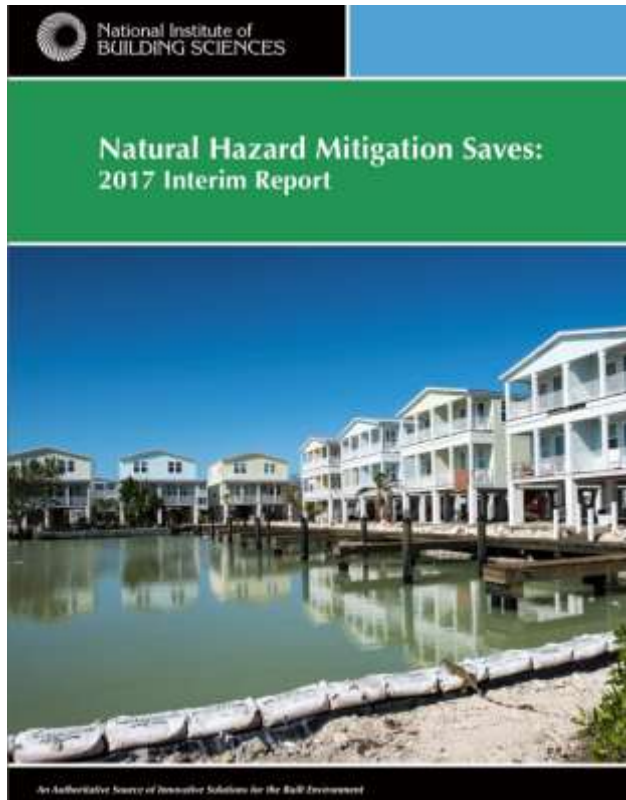
Disaster Recovery Reform Act of 2018 includes grants for updating codes.






Researchers at the Wharton School's Risk Management and Decision Processes Center found that modern and well-enforced building codes in Missouri have reduced hail damage to homes by 10 to 20 percent on average.

Alliance for National Community Resilience Buildings Benchmark Requirement (not yet published)

An Insurance Institute for Business & Home Safety study following Hurricane Charley found that post-Hurricane Andrew code improvements and code application in Florida reduced the frequency of property damage by 60 percent and the severity of damage by 42 percent for residences.

Benefit-to-Cost Ratio by Hazard and Mitigation Measure.



National Benefit-Cost Ratio Per Peril <small>*BCR numbers in this study have been rounded</small>		Federally Funded	Beyond Code Requirements
Overall Hazard Benefit-Cost Ratio		6:1	4:1
 Riverine Flood		7:1	5:1
 Hurricane Surge		Too few grants	7:1
 Wind		5:1	5:1
 Earthquake		3:1	4:1
 Wildland-Urban Interface Fire		3:1	4:1

Resilient buildings are a critical component of resilient communities.



Building



Community

What makes a building resilient?

Buildings contribute to all phases of resilience.

Mitigation

- Moisture Management
 - Mold prevention
 - Condensation prevention
 - Decay prevention
 - Flood prevention
- Air Leakage Mitigation
 - Pollutant mitigation
 - Condensation prevention
 - Thermal performance
- Thermal Performance
 - Affordability
 - Comfort
- Structural Performance
 - Wind damage prevention

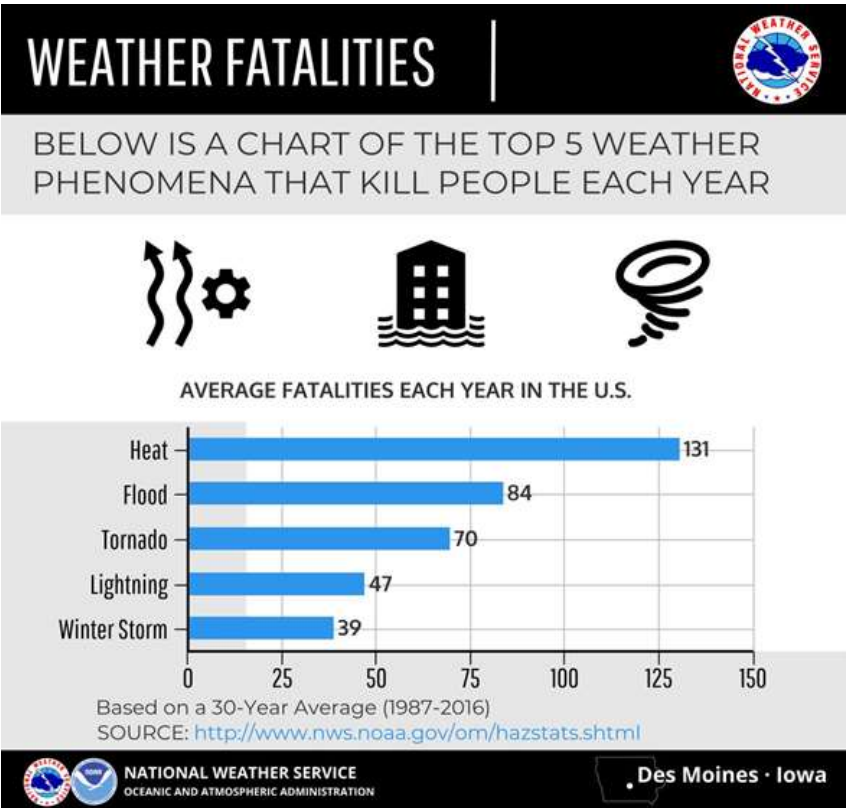
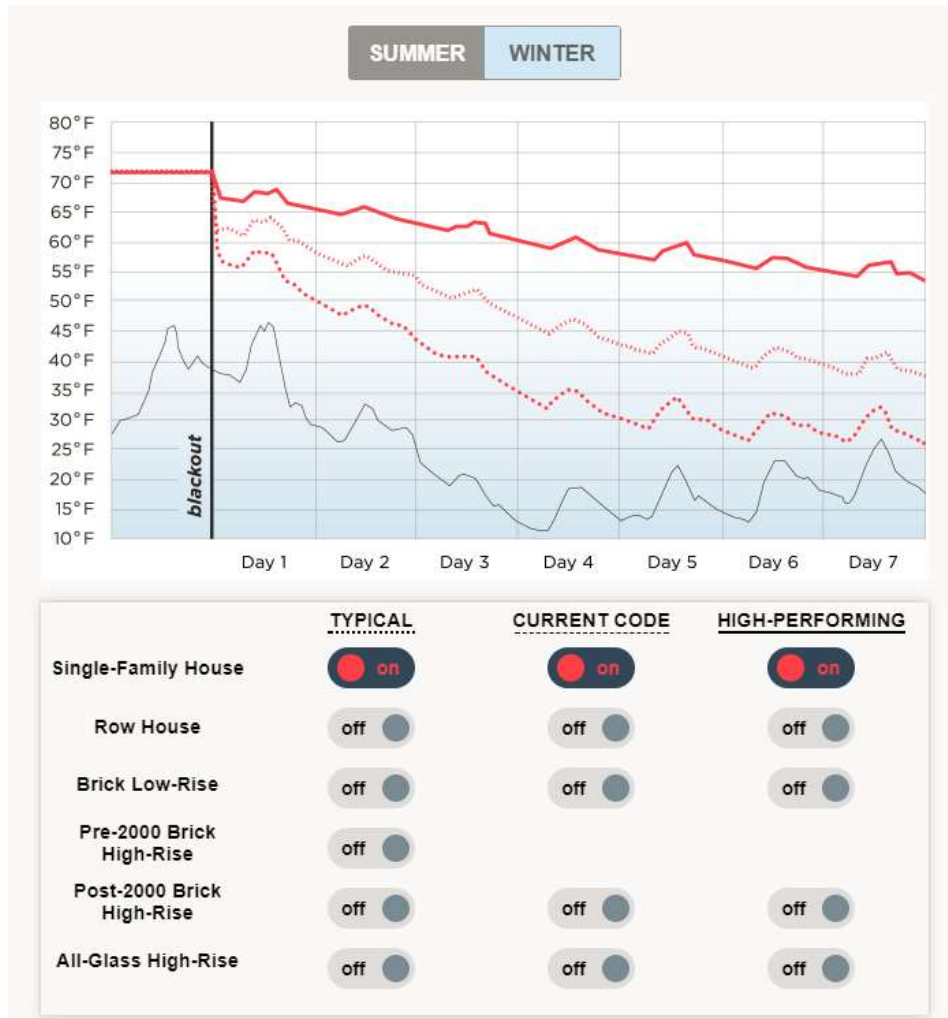
Response

- Moisture Management
 - Manage bulk rain water
 - Condensation controlled
- Air Leakage
 - Smoke and other pollutants kept out
 - Condensation minimized
 - Thermal performance maximized
- Thermal Performance
 - Ability to shelter in place with power loss
- Structural Performance
 - Roof and exterior material stability under stress

Recovery

- Moisture Management
 - Materials and assemblies that stay dry or dry quickly
- Air Leakage
 - Condensation minimized
 - Thermal performance maximized
- Thermal Performance
 - Ability to shelter in place with power loss
- Structural Performance
 - Easy minor repairs

Energy Efficiency including thermal envelope efficiency is important aspects of Resilience.



Typical buildings would be between 32°F and 43°F indoors. New buildings are a little better, but still not resilient. A high-performing building that has better windows, fewer air leaks and more insulation would do much better. Without power, these buildings would stay at 54-66°F for a week or more.

Baby It's Cold Inside, 2014 report by Urban Green a Chapter of USGBC, modeling by Atelier Ten

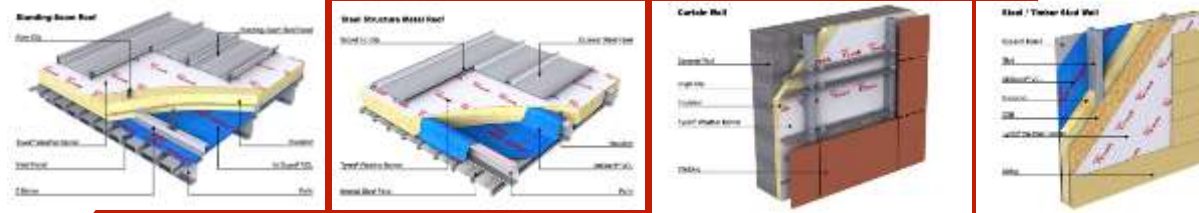
Building
Resilience



Assembly
Performance
Quality Installation

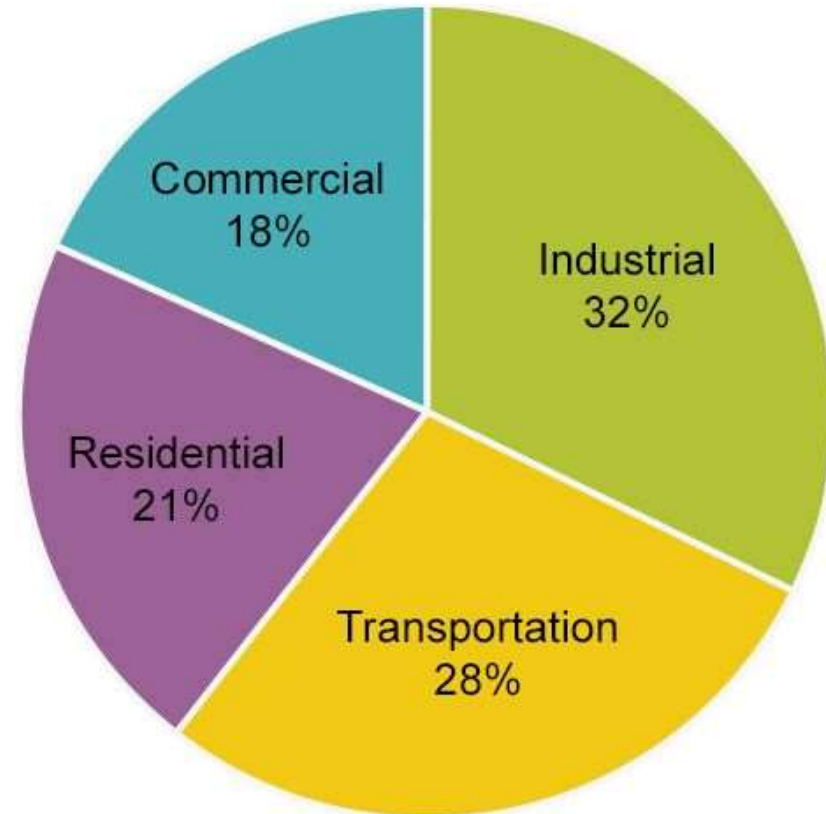


Quality Materials
Durability
Energy Efficient
Air & Moisture
Management



Energy Efficient

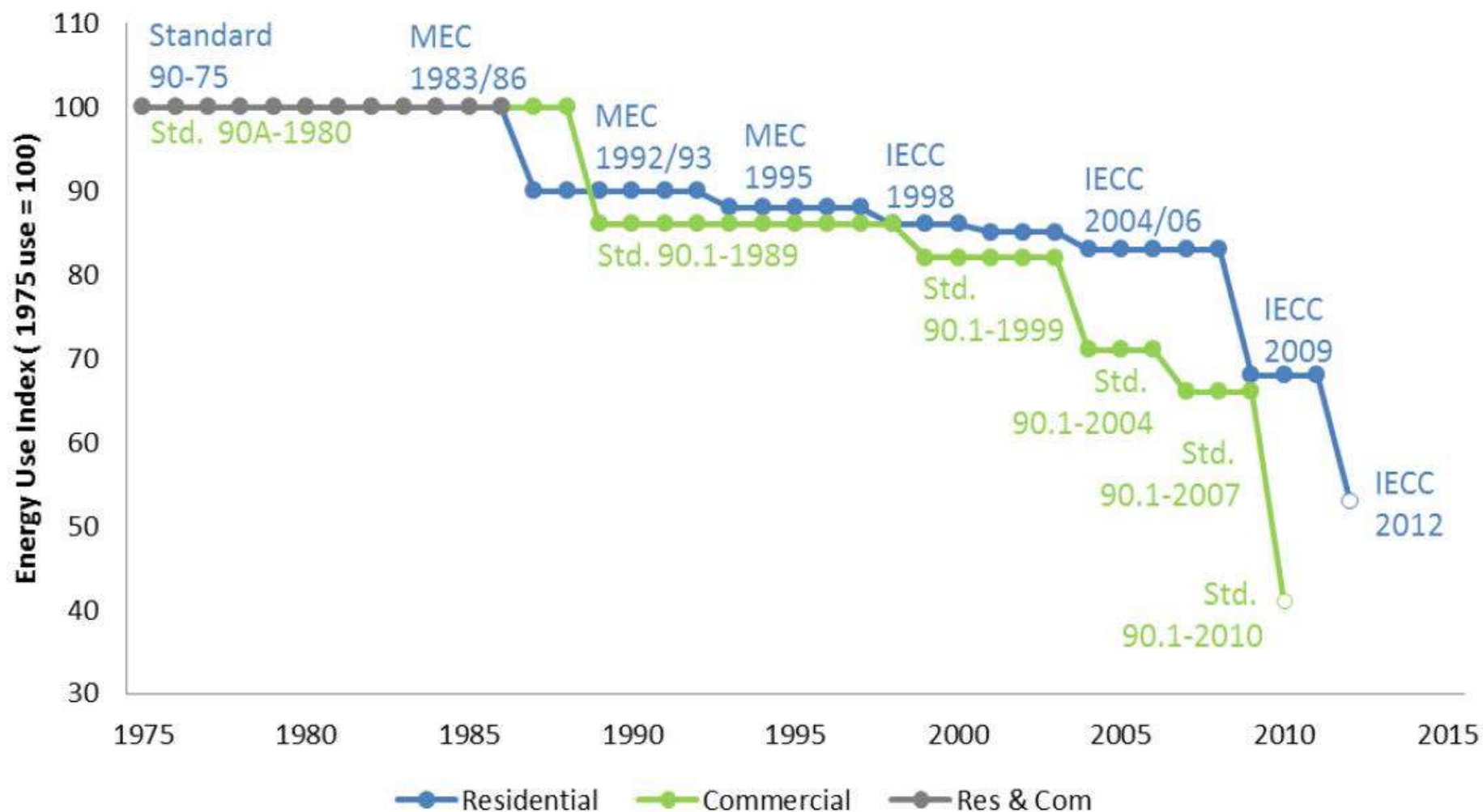
Share of total energy consumed by major sectors of the economy, 2012¹



¹Includes electricity consumption.

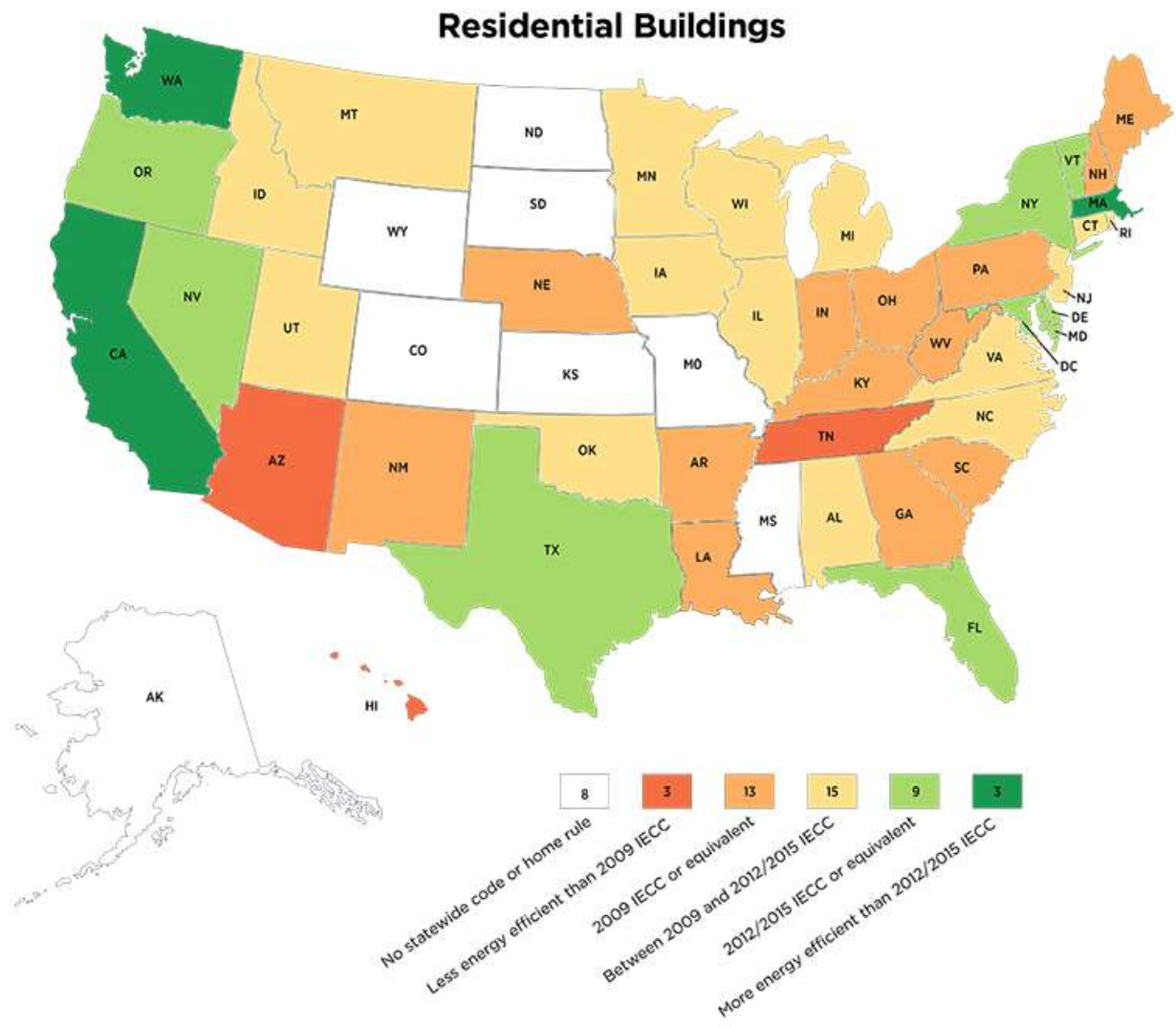
Source: U.S. Energy Information Administration, *Monthly Energy Review*, Table 2.1 (April 2013), preliminary 2012 data.





Dennis Hidalgo, LEED AP O+M, *The Importance of Building Energy Codes: How to Engage the Architectural Community*, prepared by the Building Codes Assistance Project at the Alliance to Save Energy for the Sea Change Foundation,

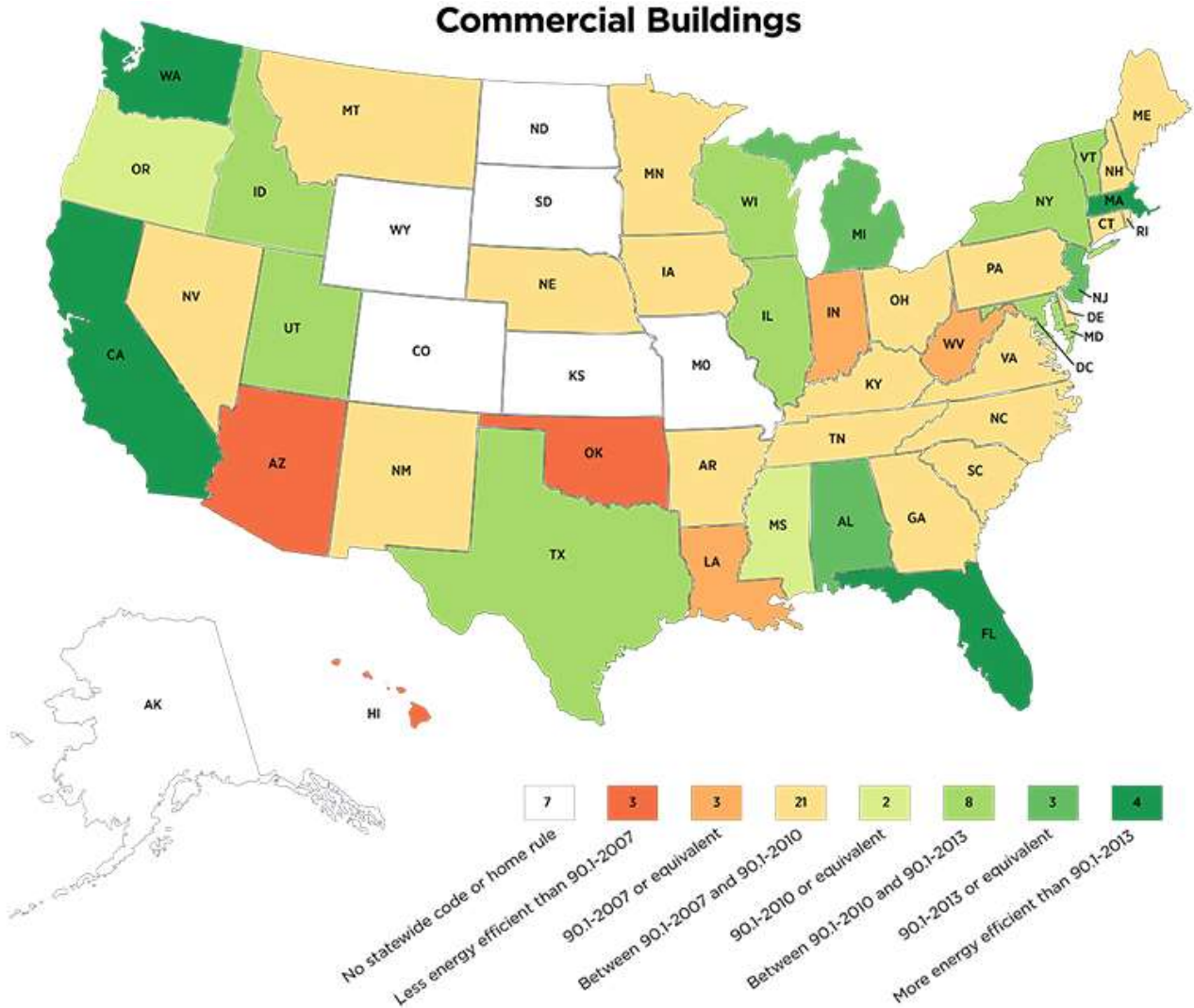
State Adoption of IECC-R



From energycodes.gov

Updated as of June 2018

State Adoption of IECC-C



From energycodes.gov

Updated as of June 2018

Building Energy Efficiency

Building Envelope

- Insulation
- Air Sealing
- Fenestration

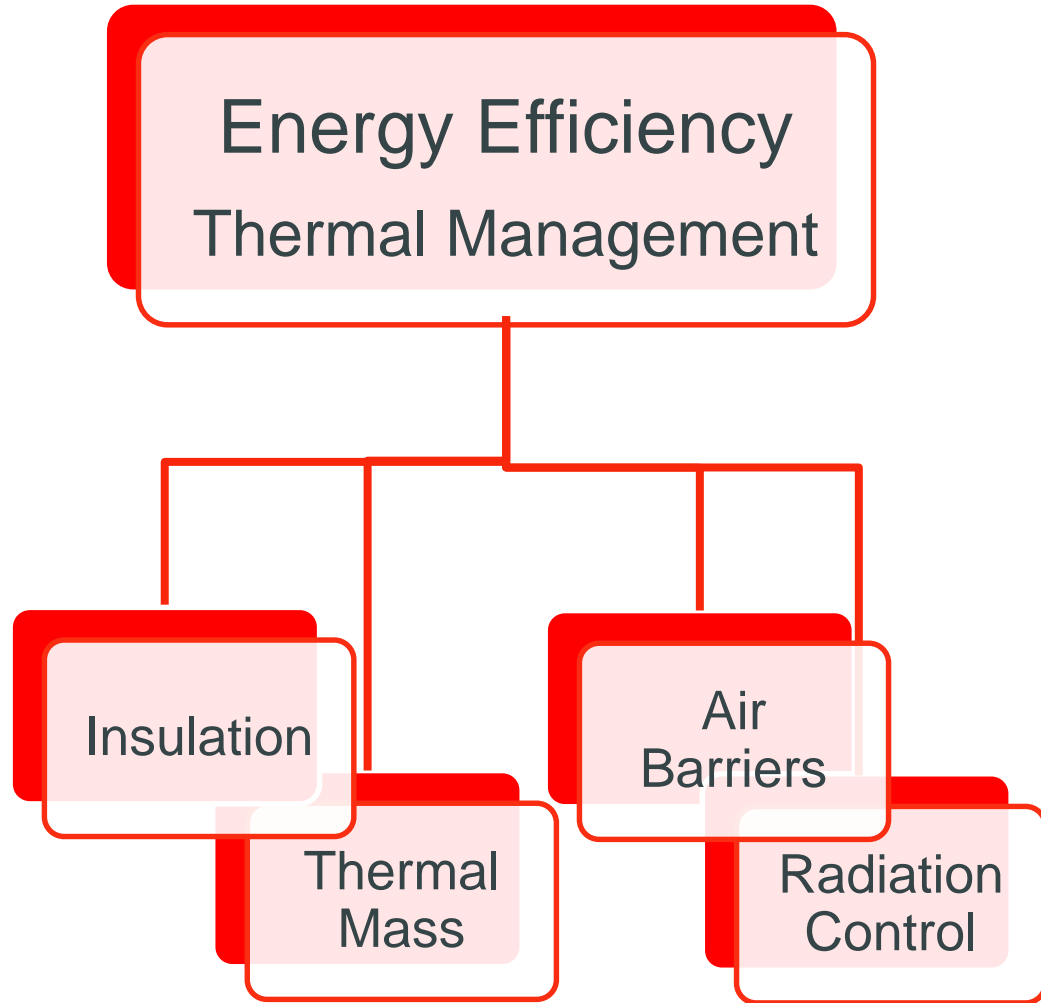
Mechanical Systems

- Heating & Cooling
- Ventilation
- Water Heating

Lighting

- Lighting
- Controls

Building Envelope



- Increase cavity insulation
- Increase continuous insulation (ci)
 - Reduce thermal bridges
 - Advanced framing
 - Continuous insulation
- Reduce air leakage
 - Air barriers
 - Air impermeable insulation
 - Insulation installation

Thermal Bridges

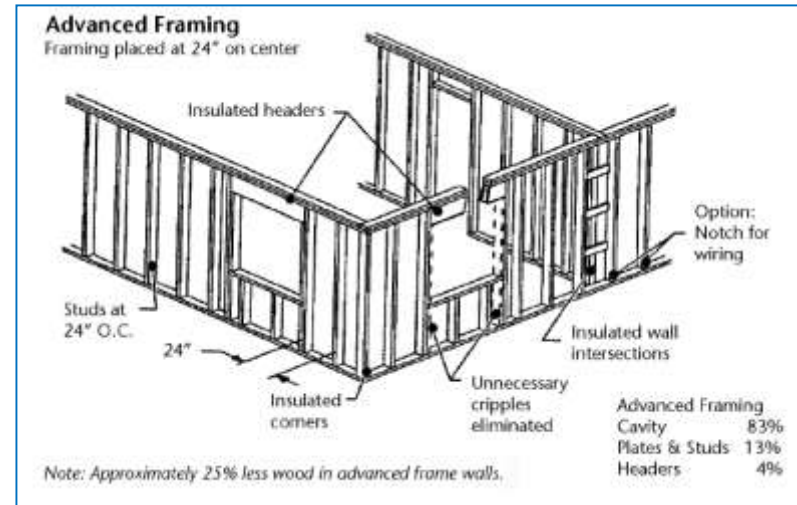
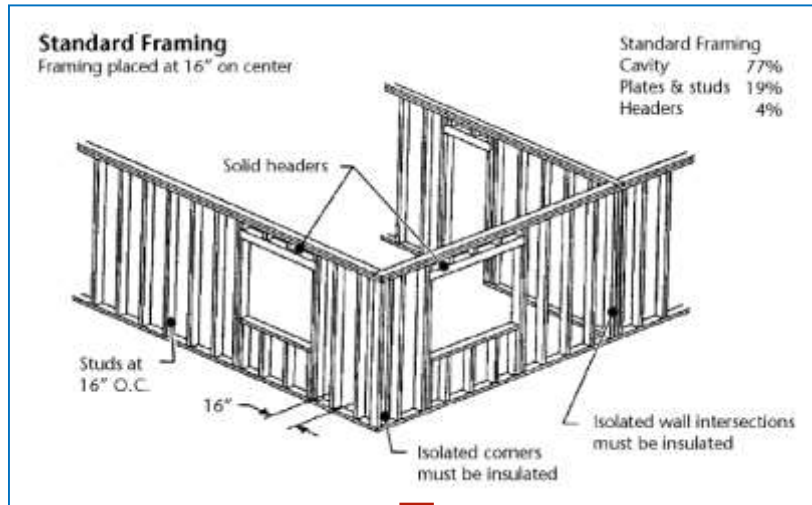
No Exterior Continuous Insulation



With Exterior Continuous Insulation



Reducing Thermal Bridges



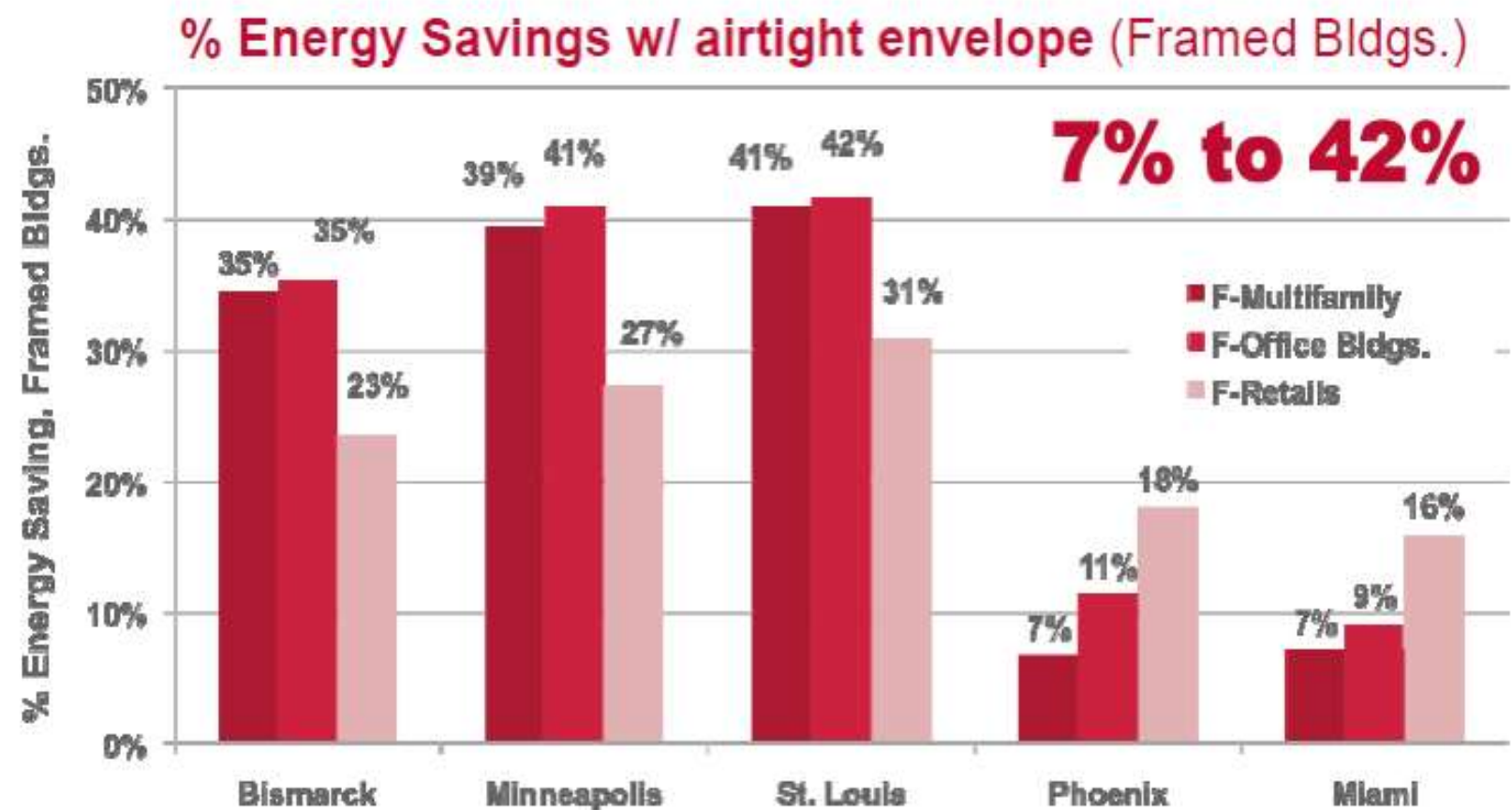
Exterior Continuous
Insulation

Figures from WSEC Builder's Field Guide, 8th Edition, Washington State University Extension Energy Program. Photo courtesy of Construction Instruction.

R-values of Components & Assemblies

Wall Assembly Component	2x4		2x6		2x4 + c.i.	
	Studs	Cavity	Studs	Cavity	Studs	Cavity
Outside Air Film	.17	.17	.17	.17	.17	.17
Exterior Insulation	n/a	n/a	n/a	n/a	5	5
½" OSB	.62	.62	.62	.62	.62	.62
Stud Wood	3.71	n/a	5.83	n/a	3.71	n/a
Cavity Insulation	n/a	13	n/a	20	n/a	13
½" Gypsum Wallboard	.45	.45	.45	.45	.45	.45
Interior Air Film	.68	.68	.68	.68	.68	.68
Total	5.6	14.9	7.75	21.9	10.6	19.9
Total Wall (Standard Framing - 23%)	11		15		17	
Total Wall (Advanced Framing – 17%)			17			

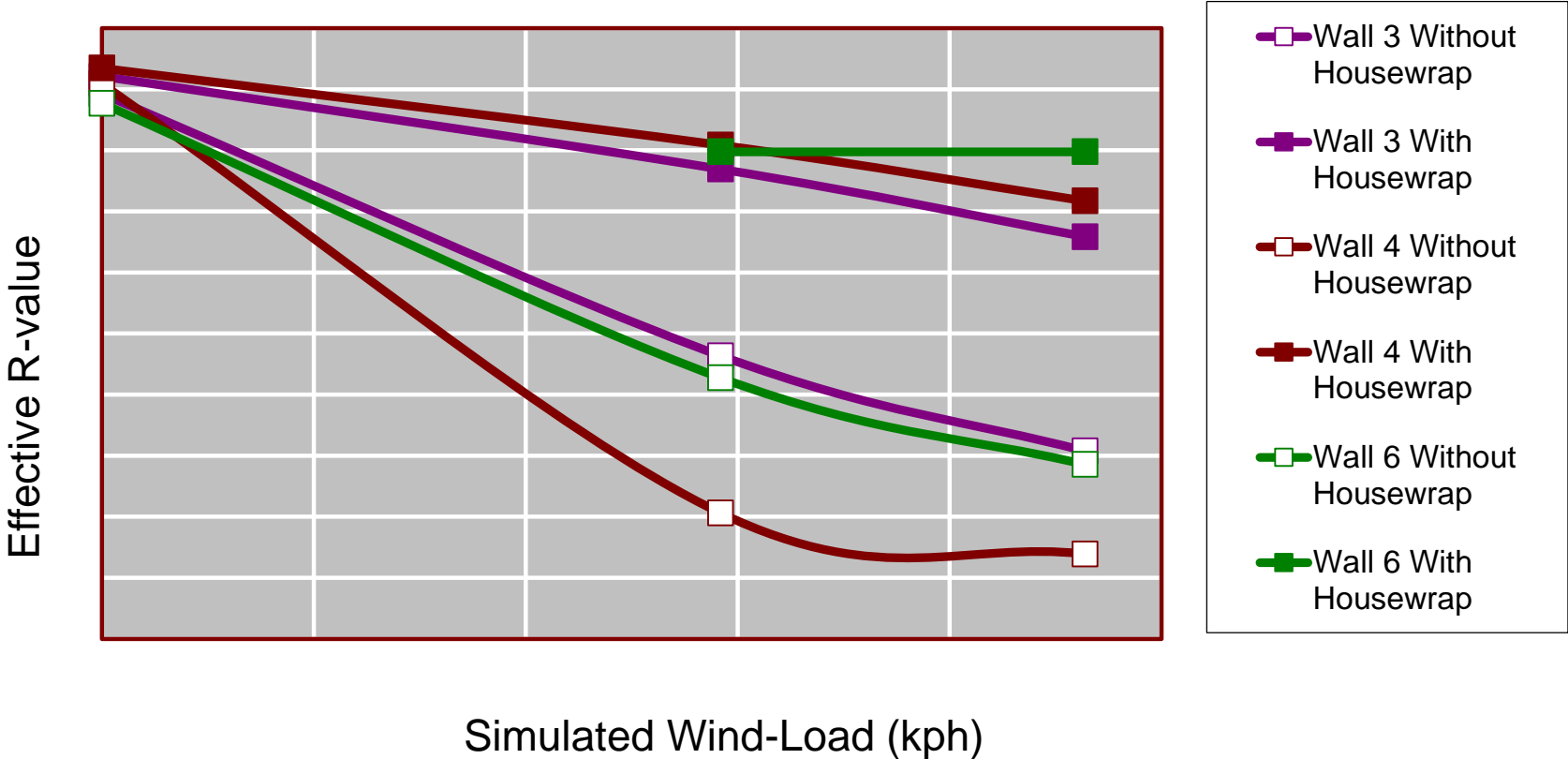
Effect of Air Leakage on Heating and Cooling Energy



Source: "Investigation of the impact of Commercial Building Envelope Airtightness on HVAC Energy Use", S. J. Emmerich, Tim McDowell, W. Anis

Air Leakage Impact on Energy Use: Degradation of Air Permeable Thermal Insulation Performance

Measured Effective R-value under Simulated Wind-Load (R-19 Walls).



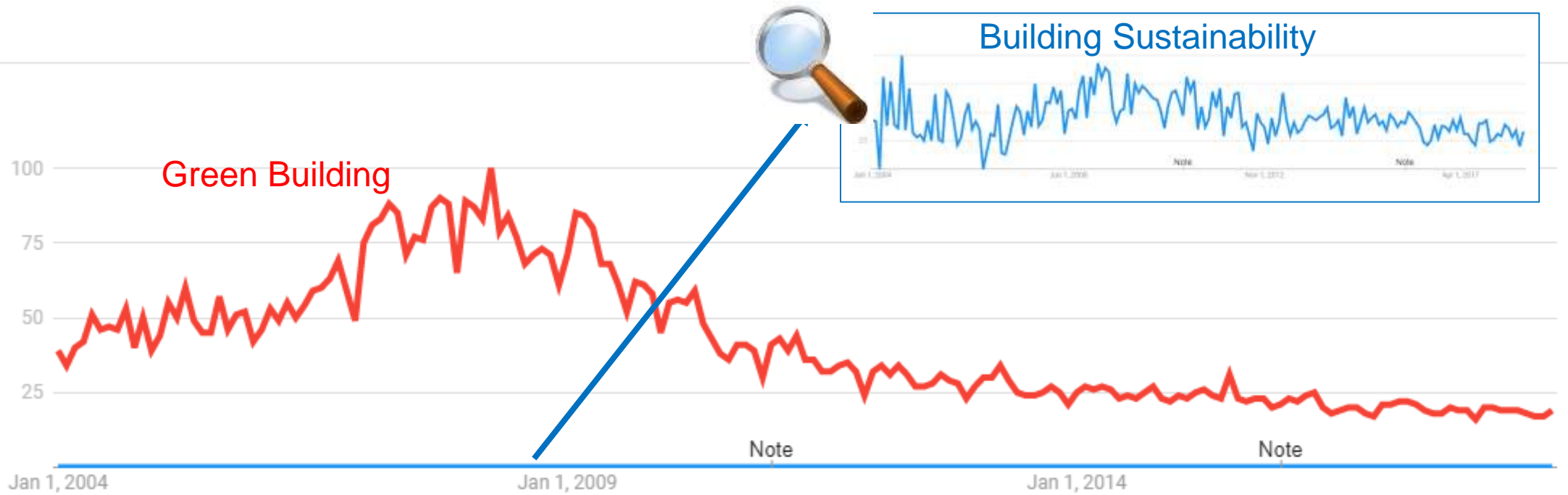
Source: Impact of Airflow on the Thermal Performance of Various Residential Wall Systems utilizing a calibrated hot box, Thermal Envelopes VI/ Heat Transfer in Walls -- Principles

Sustainable

1. the ability to be sustained, supported, upheld, or confirmed.
2. Environmental Science. the quality of not being harmful to the environment or depleting natural resources, and thereby supporting long-term ecological balance:



Interest over time: Google Trends





LEED Credit Categories

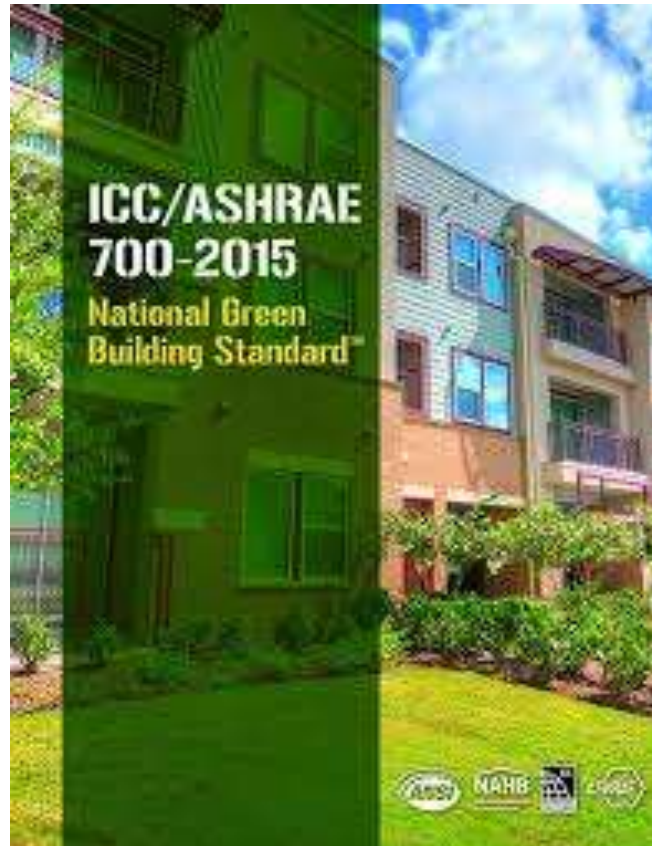




Building



Site



- 1) Scope and Administration
- 2) Definitions
- 3) Compliance Method
- 4) Site Design and Development
- 5) Lot Design, Preparation and Development
- 6) Resource Efficiency
- 7) Energy Efficiency
- 8) Water Efficiency
- 9) Indoor Environmental Quality
- 10) Operation, Maintenance and Building Owner Education
- 11) Remodeling
- 12) Remodeling of Functional Areas
- 13) Referenced Documents

GO GREEN FOR 2016

The hottest green building materials to offer your customers in 2016.

SUSTAINABLE
BUILDING
PRODUCTS
YOU SHOULD
CONSIDER FOR YOUR
NEXT PROJECT

GREEN
BUILDING
PRODUCTS

P CONSTRUCTION NEWS DA

Top 10 green building products 2016

From Building Design & Construction White Paper on Sustainability, November 2003

Green-product attributes

(rated by importance to user)

Ability to last the
life of the building . . 4.38

Cost vs. equivalent
conventional
product 4.27

Availability of product
to job site 4.16

Use of renewable
resources 4.01

Durability

1. the ability to withstand wear, pressure, or damage.





ASCE/SEI 7 Minimum Design Loads For Buildings and Other Structures

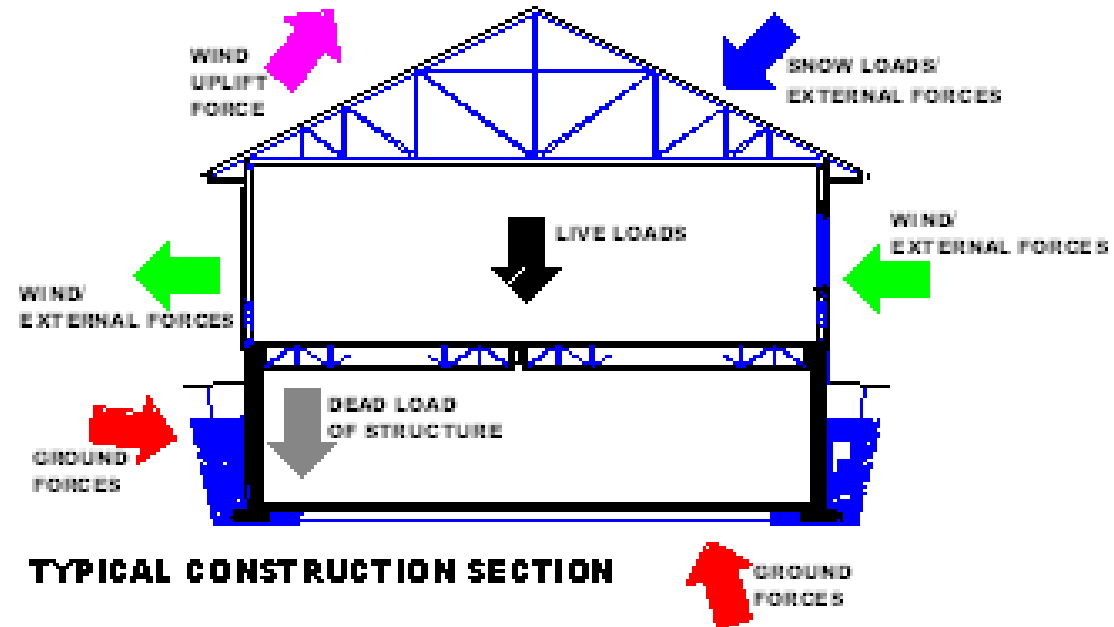


Figure from <http://www.kdietrich.com/>



S478-95

**Guideline on Durability
in Buildings**

Structures (Design)

- Durability: *“the ability of a building or any of its components to perform its required functions in its service environment over a period of time without unforeseen cost for maintenance or repair.”*
- *“Moisture, with or without contaminants, is the most important environmental agent causing premature deterioration. The application of principles of building science permits the generation of models for predicting the mechanisms, paths, volumes, and forms of moisture which building assemblies will need to accommodate and resist.”*

Nationally, construction defect losses run into the billions.

- 69% of all construction defect claims are related to moisture penetration through the building envelope (2007 Study by University of Florida)
- The availability of general liability insurance for homebuilders and subcontractors has become increasingly limited and more expensive
 - *"The companies are finding it more difficult than five years ago to tap insurance to cover payments to homeowners because insurers have added so many exceptions, said Dave Stern, vice president at West Coast Casualty Service Inc., an insurance adjuster in Westlake Village, California. In California, "basically, the thing leaks, it's the builder that's liable," Stern said."*
- Some moisture problems are blamed on increasing energy efficiency
 - *"Building codes adopted in the 1970s and strengthened through the '80s and early '90s, required greater energy efficiency. Paradoxically, the demise of the drafty house had an unintended consequence: When moisture penetrates today's walls, they tend to stay wet."*



Sources: "Building Defects Spoil Homeowners' Dreams, [The Oregonian](#), June 19, 2005; "Homebuilder Shares Undermined by Creeping Costs of Construction Boom Flaws", [Bloomberg](#), February 10, 2011; Grosskopf and Lucas, "Identifying the Causes of Moisture-Related Defect Litigation in U.S. Building Construction", [COBRA 2008 The construction and building research conference of the Royal Institution of Chartered Surveyors](#), Dublin Institute of Technology, 4-5 September 2008.

Structural performance can be affected by moisture durability

“EMERALD ISLE, N.C. – Nails deteriorated by years of exposure to the sand, salt and moisture from the ocean gave way, causing a deck collapse that hurt 24 people as they posed for a picture at a North Carolina beachfront home, authorities said.” (Foxnews, July 6, 2015)

*“A memorandum from inspectors at the Berkeley Building and Safety Division says that the deck’s severed joist ends -- horizontal, parallel beams that support a ceiling or floor -- looked “extensively rotted” where the structure had ripped from the wall.
“ (CNN, June 23, 2015)*



Photo from L A Times

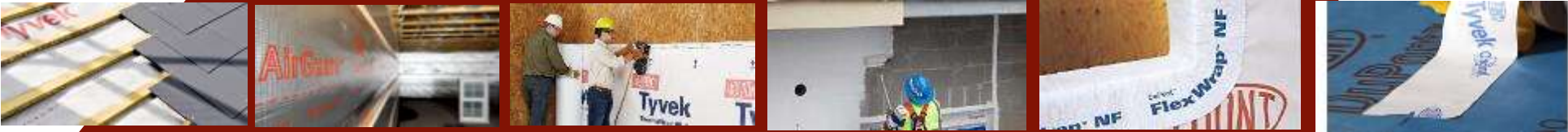
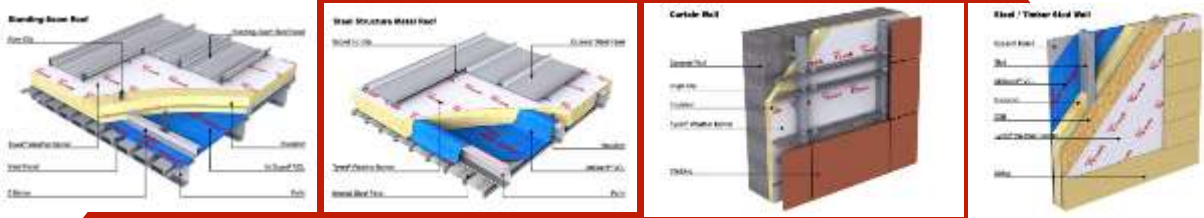
Building
Durability



Assembly
Durability



Material
Durability



Durability Defined Design Service Life of the Building



Table 2
Categories of Design Service Life for Buildings
(See Clauses 5.2.3 and 6.2.)

Category	Design service life for building	Examples
Temporary	Up to ten years	<ul style="list-style-type: none">• non-permanent construction buildings, sales offices, bunkhouses• temporary exhibition buildings
Medium life	25 to 49 years	<ul style="list-style-type: none">• most industrial buildings• most parking structures*
Long life	50 to 99 years	<ul style="list-style-type: none">• most residential, commercial, and office buildings• health and educational buildings• parking structures below buildings designed for long life category*
Permanent	Minimum period, 100 years	<ul style="list-style-type: none">• monumental buildings (eg, national museums, art galleries, archives)• heritage† buildings

Reference: CSA S478-95 Guideline on Durability in Buildings

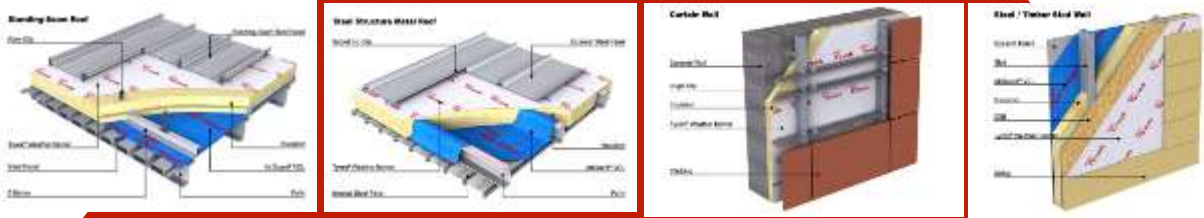
Building
Durability



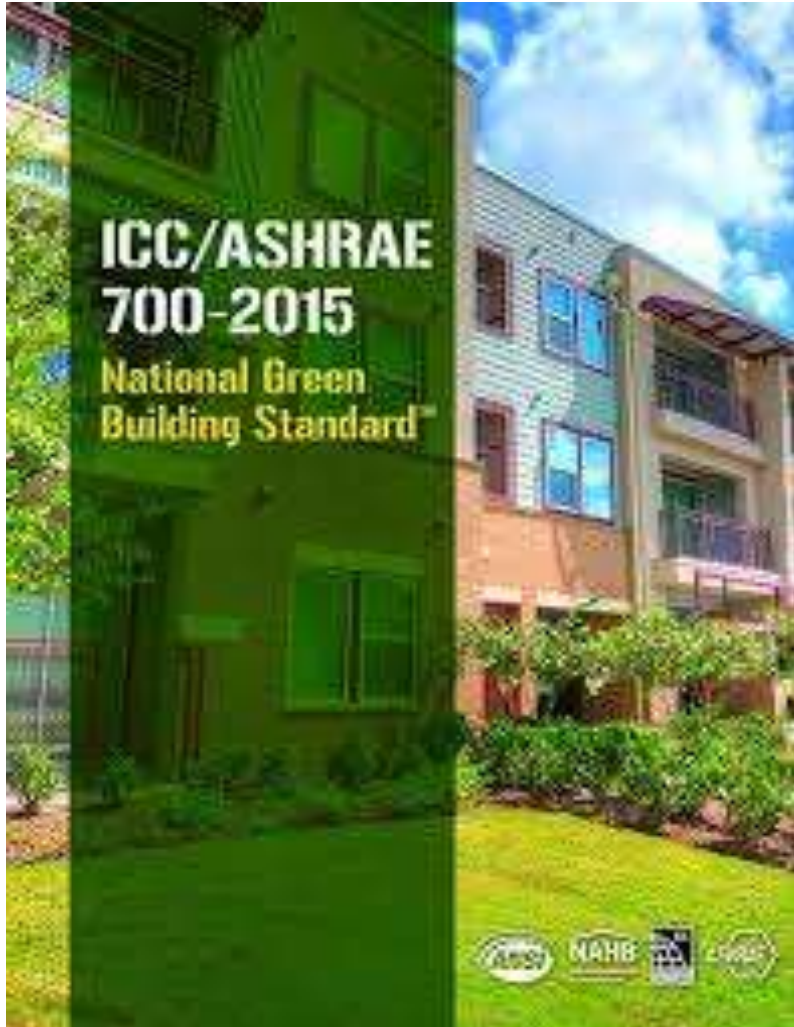
Assembly
Durability



Material
Durability

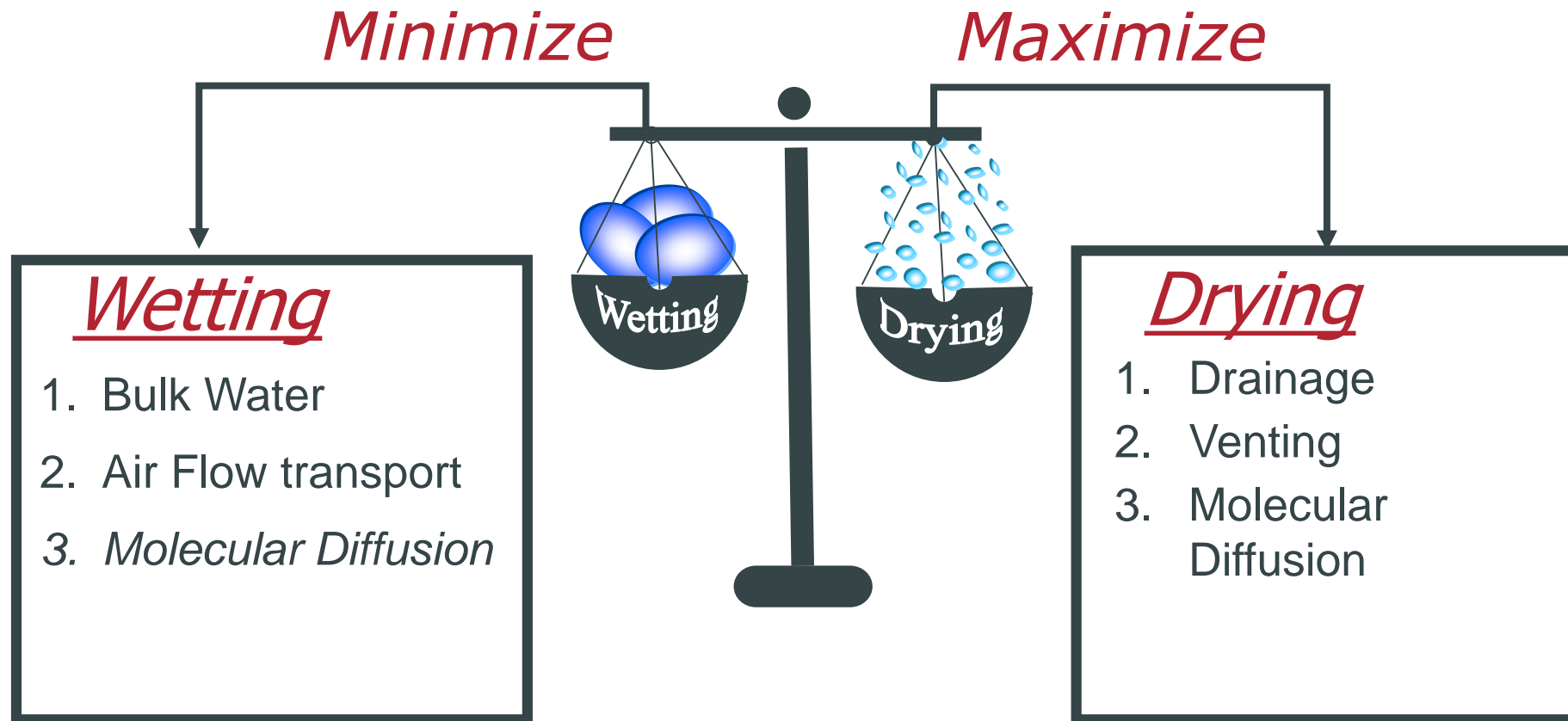


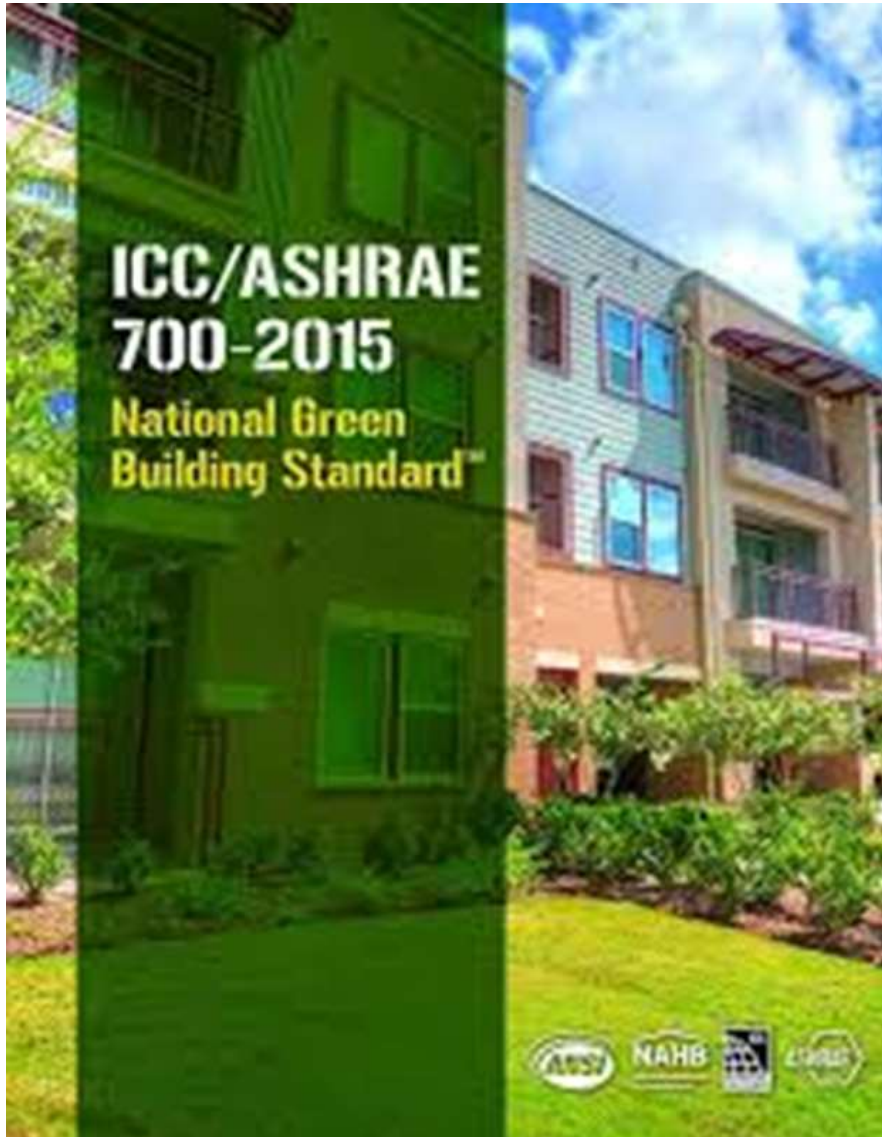
ICC/ASHRAE 700-2015 Chapter 6: Resource Efficiency



1. Quality of Construction Materials and Waste
2. **Enhanced Durability and Reduced Maintenance**
 1. Intent
 2. Moisture management – building envelope
 3. Roof surfaces
 4. Roof water discharge
 5. Finished Grade
3. Reused or Salvaged Materials
4. Recycled-Content Building Materials
5. Recycled Construction Waste
6. Renewable Materials
7. Recycling and Waste Reduction
8. Resource-Efficient Materials
9. Regional Materials
10. Life Cycle Assessment
11. Innovative Practices

Manage the Moisture Balance to Avoid Potential Long Term Durability Risks





- **602.1.8 Water-resistive barrier.** Where required by the ICC, IRC, or IBC, a water-resistive barrier and/or drainage plane system is installed behind exterior veneer and/or siding
- **602.1.9 Flashing.** Flashing is provided as follows to minimize water entry into wall and roof assemblies and to direct water to exterior surfaces or exterior water-resistive barriers for drainage. Flashing details are provided in the construction documents and are in accordance with the fenestration manufacturer's instructions, the flashing manufacturer's instructions, or as detailed by a registered design professional.

International Residential Code (2018): Wall Weather Resistance Requirements

R703.1 General. Exterior walls shall provide the building with a weather-resistant exterior wall envelope. The exterior wall envelope **shall include flashing as described in Section R703.4.**

R703.1.1 Water resistance. The exterior wall envelope shall be designed and constructed in a manner that prevents the accumulation of water within the wall assembly by **providing a water-resistant barrier behind the exterior veneer as required by Section R703.2 and a means of draining to the exterior water that penetrates the exterior cladding.**



- **Flashing**
- **Water-resistive barrier**
- **Means of draining water**

Vapor Retarder Requirements – Interior side of frame walls

Climate Zone	IRC Requirement	IRC Exceptions	IBC - Requirement	IBC Exceptions
1 & 2	No required vapor retarders		Class I or II vapor retarders shall not be provided	
3	No required vapor retarders		Class I vapor retarders shall not be provided	
4 x-marine	No required vapor retarders		Class I vapor retarders shall not be provided	
4 marine	Class I or II vapor retarders shall be provided	Class III vapor retarders can be used with vented cladding or specific R-values of exterior insulation.	Class II vapor retarders shall be provided	Class III vapor retarders can be used with vented cladding or specific R-values of exterior insulation. Only Class III vapor retarders shall be used with exterior foam plastic insulating sheathing with perm rating of less than 1 perm
5 to 8	Class I or II vapor retarders shall be provided	Class III vapor retarders can be used with vented cladding or specific R-values of exterior insulation.	Class I or II vapor retarders shall be provided	Class III vapor retarders can be used with vented cladding or specific R-values of exterior insulation Only Class III vapor retarders shall be used with exterior foam plastic insulating sheathing with perm rating of less than 1 perm

Assembly Durable Design Demonstration



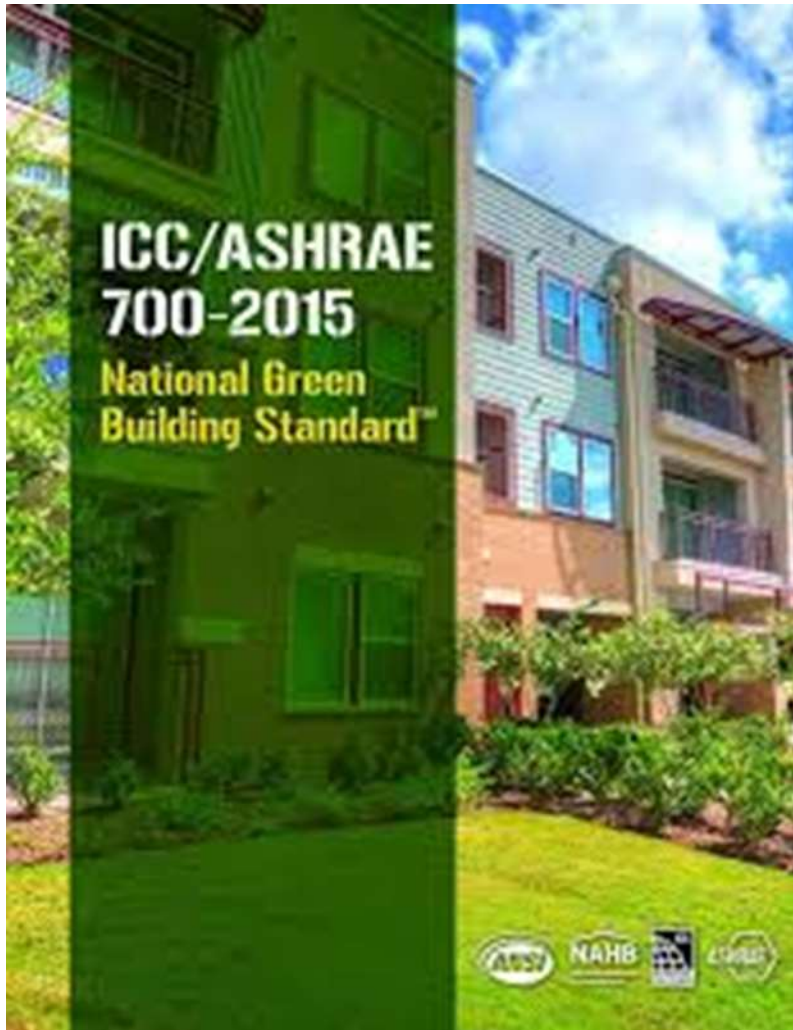
Demonstrated
Effectiveness



Modelling



Testing

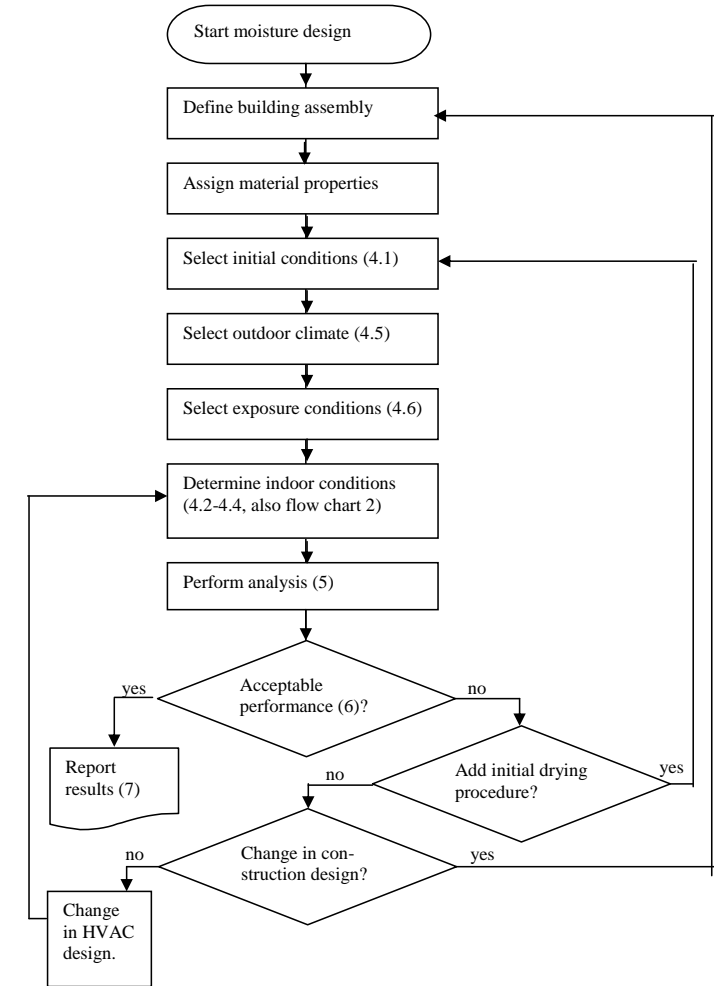


602.1.7.3 Building envelope assemblies are designed for moisture control based on documented hygrothermal simulation or field study analysis. Hygrothermal analysis is required to incorporate representative climatic conditions, interior conditions and include heating and cooling seasonal variation.

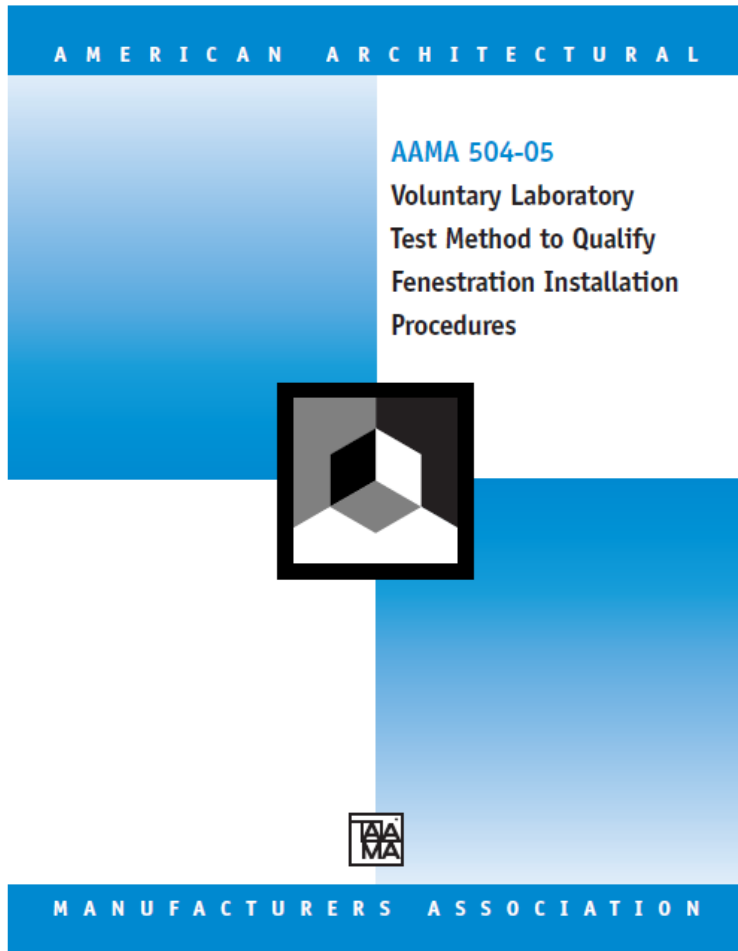
(4 points)

Modelling

- Simulation and Analysis
- Moisture Performance Evaluation Criteria
 - Mold
 - Corrosion



Testing



Test Assembly: fenestration product, fasteners, sealant, flashing components and weather resistant barrier shall be included. Exterior cladding, interior perimeter cavity insulation and expanding foam shall not be applied to the test mockup for this evaluation.

The completed mockup shall be preloaded prior to testing using 10 positive cycles of 480 Pa (10 psf) followed by 10 negative cycles of 480 Pa (10 psf).

Test for air leakage in accordance with ASTM E 283 at a pressure differential of 75 Pa (1.57 psf).

Test for water penetration resistance in accordance with ASTM E 331 at a minimum test pressure of 150 Pa (3.0 psf) for 60 minutes.

The entire mockup shall be subjected to 14 twelve hour durability cycles in accordance with ASTM E 2264 Method A, Level 1:

• *Exterior Temperature Exposure*

• **Level 1 49°C (120 °F)**

• Level 2 3°C (150 °F)

• Level 3 82°C (180 6°F)

Exterior Low Ambient Air Temperature: –30°C (–22°F)

Following cycling, the mockup shall again be tested for air leakage and water penetration resistance

The entire mockup shall be tested for structural loads in accordance with ASTM E 330 at a minimum test pressure of 1440 Pa (30 psf) positive and negative.

Durability of Assemblies



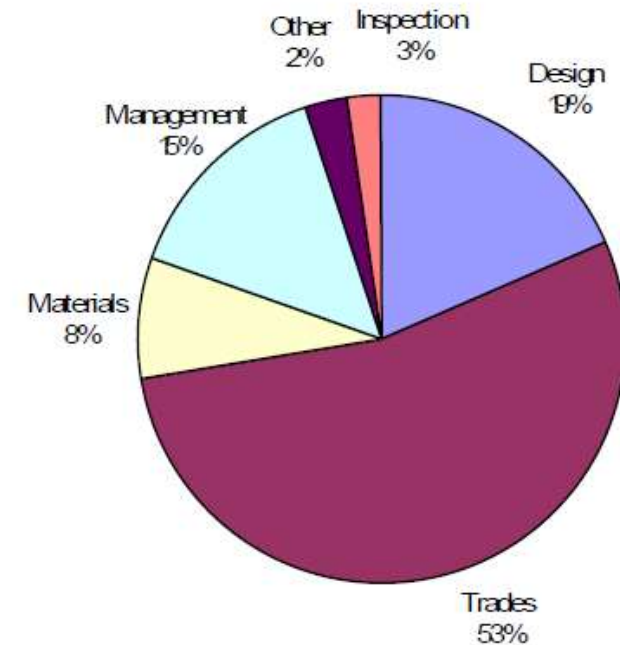
Design



Construction



Compatibility at Interfaces



Percentage of construction defect claims by cause

Reference: Grosskopf, K. R. and D. E. Lucas, "Identifying the Causes of Moisture-Related Defect Litigation in U. S. Building Construction", COBRA 2008 – The Construction and Building Research Conference of the Royal Institution of Chartered Surveyors, Dublin, Sept 4-5, 2008



Construction

- Safety & ergonomics during the construction process
- Job-site storage requirements
- Installation dependence on environmental conditions
- Ease of installation
 - installed in a similar way to existing products?
 - can be installed by existing trades?
 - does it require a high level of specialization to install ?
- Reliability & repeatability of the installation.
- Integration with other products
 - can the next group of laborers work easily on top of it?



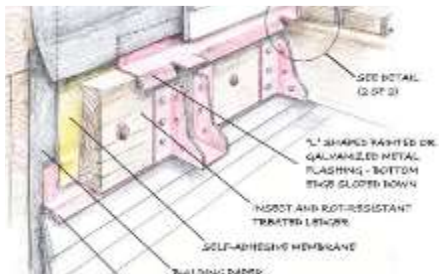
Durability of Assemblies



Design



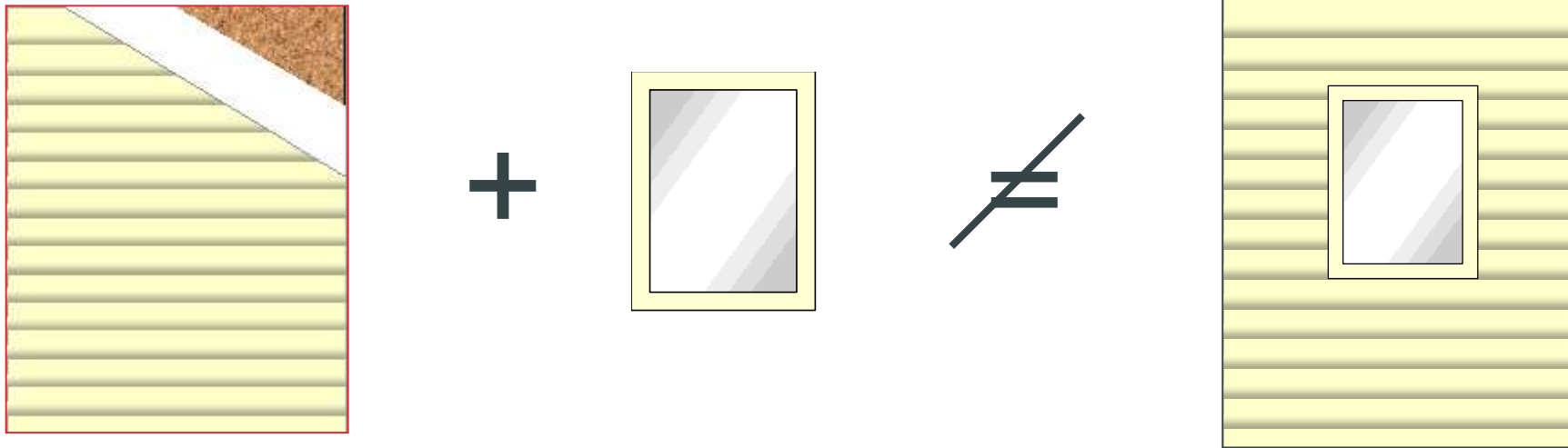
Construction



Material Interfaces



Designing Details



Window and Wall Assemblies should be considered as a system, not individually.

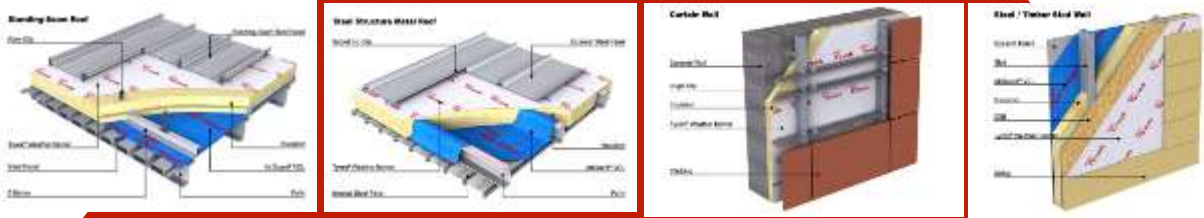
Building
Durability



Assembly
Durability

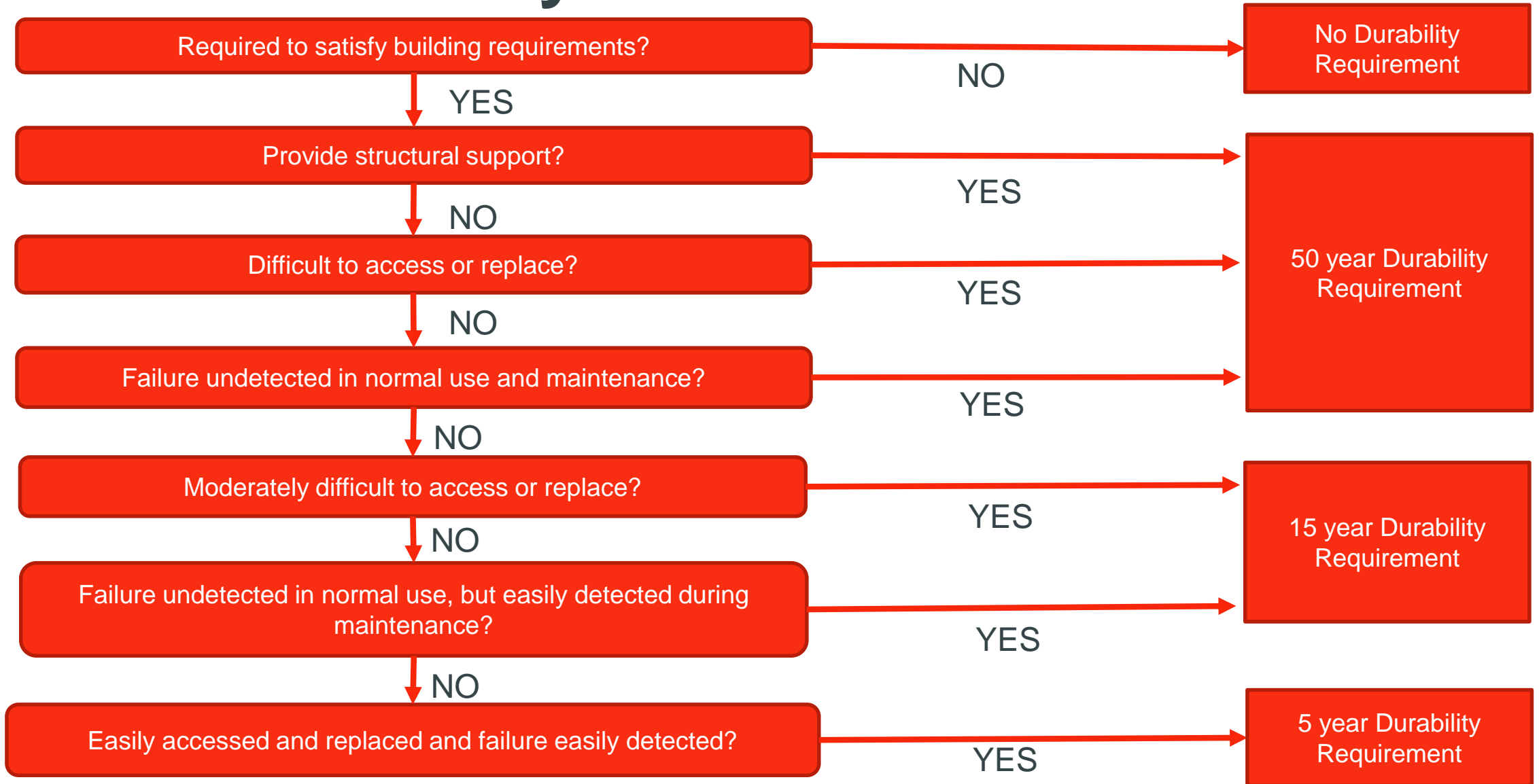


Material
Durability

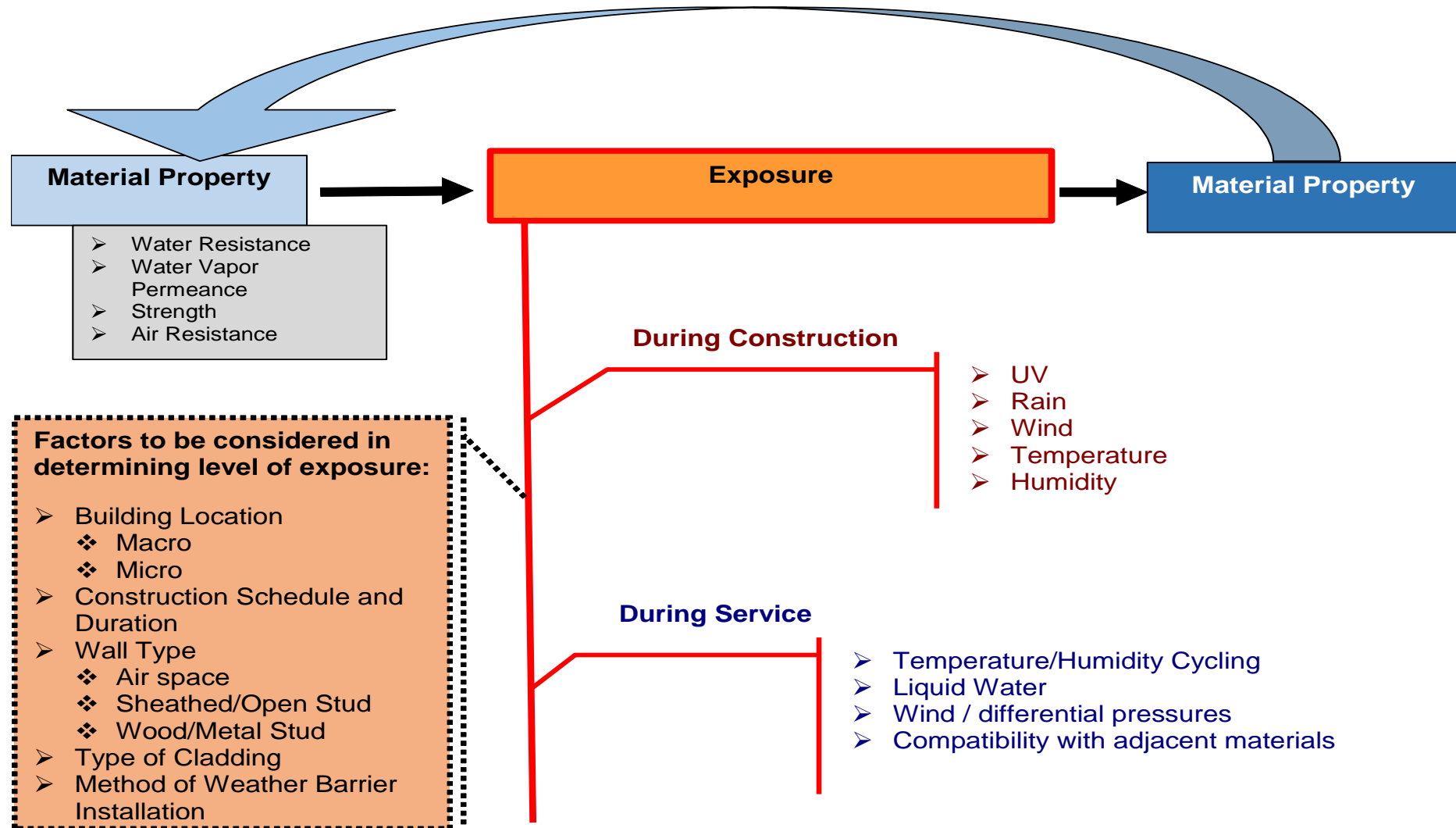




Material Durability Assessment



Criteria from NZ Building Code



Field Durability Concern	Exposure	Construction Period	In Service
Asphalt leaching causing embrittlement and water saturation / leakage	cyclic moisture loading (wet/dry cycle)	X	X
Embrittlement	UV	X	
Cracking at corner bends (inside and outside)	Cyclic bending with or without accelerated aging	X	X
Leakage / lack of sealing at fasteners; elongation of fastener holes	Accelerated aging; thermal/moisture expansion, contraction or wrinkling; wind forces	X	X
Seepage of water (absorption vs. drainage capability)	Water on both sides; with or without accelerated aging	X	X
Decrease in water resistance or degradation due to chemical incompatibility	Exposure to: wood chemicals, paints, sealants / primers, etc.	X	X
Uneven surface (wrinkling) causing variation in stucco depth	UV; wet/dry cycles; thermal and humidity cycles	X	

Example durability issues identified in ASTM task-group

If you want to be on the cutting edge of defining Resilience check out the following:

Alliance for National Community Resilience
National Institute for Standards and Technology
National Institute for Building Sciences
U.S. Resiliency Council
RELi
ISO 55000
Smart Cities Council
Institute for Building and Home Safety – Fortified Home
ASTM

- E53.07 Sustainable Property Management
- E06 Committee on Performance of Buildings



“Resilience: Know you can bounce back from anything. Think of criticism as faith in your potential. Rent room for improvement. Remember jet lag is just a temporary thing.”

**Thank you for your attention.
Please ask any questions.**



Empowering the world with essential innovations to thrive.